

The MAMMI Study

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Covid-19 and the MAMMI Study

Everyone here at the MAMMI study hope that you and your family are all happy, healthy and doing well during these uncertain times.

Like all universities in Ireland, Trinity College Dublin closed on March 13th 2020, when nationwide safety measures came into effect to help to slow the spread of Covid-19. Since that date, the MAMMI study has been unable to send or receive study surveys and many women who were due to be sent the 5-year follow up survey or the second baby survey did not receive them.

Thanks to people all around Ireland making a responsible and cooperative effort to ensure their safety and the safety of others, Ireland is progressing well through the phased reopening of society and business and we are anticipating resumption of study activities when the college opens in mid-August.

While we aim to address the back-log of surveys that are over-due as quickly as possible, please bear with the team as we navigate returning to work under these new and unusual circumstances. Our priority will be on the health and safety of our team members and you, the MAMMI participants, and so we may experience some delays in getting surveys processed and distributed to participants in the coming weeks and months.

Success of WHAM

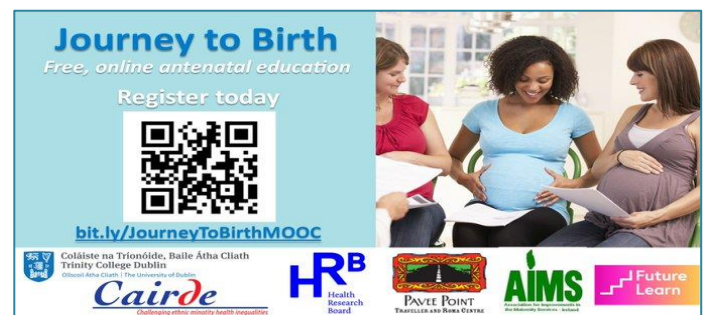
We are delighted to have had more than seven thousand people join the [Women's Health After Motherhood](#) online course in English, Spanish and Dutch. Learners have joined from all over the world and thanks to their wonderful feedback, FutureLearn will register this course on their platform as 'always on'; this means that the course will not have a closing date and will remain freely accessible at all times.

Journey to Birth- New Online course

Researchers with the School of Nursing and Midwifery and the MAMMI Study have collaborated with AIMS Ireland, Pavee Point and Cairde Ireland to develop a new, free, 6-week, online course providing evidence-based information for pregnant women across the world, to help them prepare for labour and birth.

'Journey to Birth' was funded by the Health Research Board (HRB), and launched on June 29th

2020. This course provides antenatal education for parents-to-be. Guiding you through the stages, you'll learn how to detect the early stages of labour and learn coping strategies to manage during advanced labour. You'll also be advised on diet and exercise prior to giving birth as you learn the importance of preparing your body and mind for the birthing process. The course is free and available for anyone to join at: [FutureLearn- Journey to Birth](#)



Journey to Birth
Free, online antenatal education
Register today

bit.ly/JourneyToBirthMOOC

Coláiste na Tríonóide, Baile Átha Cliath
Trinity College Dublin
Ospidéal Átha Cliath | The University of Dublin

Cairde
Health Research Board
PAVEE POINT
FAMILY AND BORN CENTRE
AIMS
Future Learn

Upcoming conference: Minding Mothers with Morbidities II

We are delighted to announce that the MAMMI Study will be hosting the second Minding Mothers with Morbidities Conference on October 29th 2020. This conference aims to bring together researchers, healthcare professionals and women to explore research on women's postpartum health and health problems, successful prevention, health promotion and treatment strategies. Abstract submission is now open for all and will close on August 17th 2020. To read the guidelines or to submit an abstract, please visit the [MAMMI Study website](#).

The conference will be held online and we will update with links to registration in September



Abstract Submission Now Open
Half-day International Maternal Health Conference

Minding Mothers with Morbidities II
October 2020, Trinity College Dublin

Keep in contact with the MAMMI study!

If you have changed address, help us stay in touch by letting us know at our email address: mammistudy@tcd.ie or call us on: **087 118 6762**.

If you are interested in becoming involved with MAMMI research or have any questions, feel free to contact us at either of the above!